



LUMECCA

INTENSE PULSED LIGHT

RECOMMENDATIONS BEFORE YOUR TREATMENT

We look forward to seeing you for your treatment! Until then, follow these recommendations to optimize your results.

- Please **avoid sun and UV rays exposure** and stop the use of **self-tanners or tanning sprays** 2 weeks before your treatment.
- The application of topical cream containing **retinoids, vitamin A and C, hydroquinone, benzoyl peroxide**, and any other type of **irritating or acid-containing** products should be discontinued 5-7 days before treatment.
- *Lumecca* treatments should not be performed while using **medications or creams with photosensitive properties**. In doubt, please contact us to verify with the doctor.
- Ensure to space **your other treatments at CLINICARE** or at the **esthetician** 2 weeks apart from your *Lumecca*.
- In the event of an **ongoing infection** or **antibiotics use**, please postpone your appointment.
- For greater comfort, you may take **2 tablets of acetaminophen (Tylenol®)** 500 mg one hour before your treatment.
- **Plan the right time** to perform the *Lumecca*, as there may be redness, swelling and rarely small scabs following your treatment.

www.clinicare.ca

  [clinicare.md](https://www.instagram.com/clinicare.md)

If you have any additional questions, please do not hesitate to contact us at **(514) 466-8822** or via info@clinicare.ca