



# MICRONEEDLING

SKIN REJUVENATION

## RECOMMENDATIONS BEFORE YOUR TREATMENT

**We look forward to seeing you for your treatment! Until then, follow these recommendations to optimize your results.**

- Avoid the use of the following products 5 to 7 days before your treatment : omega-3, alcohol, anti-inflammatory drugs and skin care products with inflammatory or exfoliating effect (retinoids, vitamin A and C, hydroquinone, benzoyl peroxide and any other type of cream containing an acid).
- Avoid the use of depilatory creams, waxing or electrolysis treatments to the face 5 to 7 days before your treatment.
- Avoid laser / IPL treatments two weeks before your treatment.
- Postpone your appointment in the event of a skin infection on the face or current use of antibiotics.
- An anesthetic cream will be applied before your treatment. For greater comfort, you may take 2 tablets of acetaminophen 500 mg one hour before your treatment.
- Plan the right time to do your treatments, as there may be redness, slight swelling and, more rarely, bruising following your treatment.

[www.clinicare.ca](http://www.clinicare.ca)

  [clinicare.md](https://www.instagram.com/clinicare.md)

If you have any additional questions, please do not hesitate to contact us at (514) 466-8822 or via [info@clinicare.ca](mailto:info@clinicare.ca)