



# GLYCOLIC PEELING

SKINCARE

## RECOMMENDATIONS BEFORE YOUR TREATMENT

We look forward to seeing you for your treatment! Until then, follow these recommendations to optimize your results.

- Please **avoid excessive sun and UV rays exposure** one week prior to your treatment, as the peeling cannot be performed on sunburned skin.
- Please ensure that you did not have any **injectables (neuromodulators or fillers) two weeks prior** to treatment.
- The application of topical creams containing **retinoids, vitamin A and C, hydroquinone, benzoyl peroxide**, and any other type of irritating or acid-containing products should be discontinued 3-5 days before treatment.
- In the event of an **ongoing infection** in the area to be treated, please postpone your appointment.
- Please inform us if you have a **history of herpes or cold sores**, as you may require a prophylactic anti-viral prescription.
- **Plan the right time** to perform the peeling, as there may be mild redness after your treatment, which typically resolve after 48 hours.

[www.clinicare.ca](http://www.clinicare.ca)

  [clinicare.md](https://www.instagram.com/clinicare.md)

If you have any additional questions, please do not hesitate to contact us at (514) 466-8822 or via [info@clinicare.ca](mailto:info@clinicare.ca)