



TRITON

LASER HAIR REMOVAL

RECOMMENDATIONS BEFORE YOUR TREATMENT

We look forward to seeing you for your treatment! Until then, follow these recommendations to optimize your results.

- Please shave the treated area the day before your laser session, while keeping a small patch of unshaven hair to allow us assess the hairiness of the area to be treated.
- Do not use **waxing, tweezing or depilatory cream** 4 weeks before your treatment.
- Please avoid **exposure to the sun and UV rays** and stop applying **self-tanner or spray tan** two weeks before your treatment. The use of **sunscreen (SPF 45+)** is indicated in the days preceding and following your treatment.
- **Do not apply cream, makeup, perfume or deodorant** to the area of interest on the day of your treatment.
- Laser hair removal should not be performed while using **medications or creams with photosensitive properties**. In doubt or change of medication, please contact us to check with the doctor.
- The application of topical cream containing **retinoids, vitamin A and C, hydroquinone, benzoyl peroxide**, and any other type of **irritating or acid-containing** products should be discontinued 5-7 days before treatment.
- In the event of an **ongoing infection** or **antibiotics use**, please postpone your appointment.
- For greater comfort, you may take **2 tablets of acetaminophen (Tylenol®)** 500 mg one hour before your treatment.

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If you have any additional questions, please do not hesitate to contact us at **(514) 466-8822** or via info@clinicare.ca